

Useful Addresses and Contact Numbers

Alzheimer's Society Wokingham Carers Support Group	0118 9746800 (Bob Spratley, Co-ordinator) Email: alzheimers@wokingham.cdr-i.net
Benefits Agency Fitzwilliam House Skimped Hill Bracknell RG12 1JX	01344 744880
Carers Line www.carersuk.org	0808 8087777
Citizens Advice Bureau Wellington House Wellington Road Wokingham	0845 1203774
Crossroads (Wokingham District) Caring for Carers	0118 9795324
Care Services, St Johns Ambulance St John Centre Church Road Woodley RG5 4QN	0118 9442623
Community Services Department	0118 9448040 (Wokingham North) 0118 9746800 (Wokingham South)
Princess Royal Trust Carers Centre 6 Cross Street Reading RG1 1SN	0118 9505177
Wokingham District Carers Forum c/o Woodley Day Centre Southlake Crescent Woodley	0118 9788363 (Mildred Perryman Chairperson)
Woodley Age Concern	0118 9691471